














Cardrew Court School Longterm Overview: Personal Development

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Values UNRC 						
Termly and Assembly Themes	Respect	Resilience	Health	Happiness	Kindness	Independence
Key Dates	October Black History Month 10 th Oct young minds wear yellow mental health 21 st Sept National Fitness Day 10 th Oct World Mental Health Week 14 th – 21 st Oct Hate Crime Awareness 16 th – 22 nd Oct Recycling Week	5 th Nov Bonfire Night 11 th Nov Armistice Day 12 th Nov Remembrance Day 13 th Nov World Kindness Day 18 th Nov Children in need Fund raising for PD 13 – 17 th Nov Anti Bullying Week 17 th Nov Friendship Day 19 – 25 th Road Safety Week 5 th Dec International Volunteer Day	5 – 11 th Children's mental health week 6 th Feb safer internet day 8 th March International Women's Day 10 th Feb Chinese New Year Dragon 17 th Feb Random Acts of kindness Day 22 nd March Ramadan Begins	22 nd April Earth Day 21 st May World Day for Cultural Diversity, Dialogue & Development	June Pride Month 5 th June World Environment Day	Plastic Free July
Mental Health and Wellbeing (Whole School Approach) EH4MH 10-a-day Kindness Calendar Happier Kinder Together Action for Happiness	 <p>10-a-day Mental Health Choices; https://www.normalmagic.co.uk/resources/10-a-day-2/ Kindness Calendar; https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar Action for happiness; https://actionforhappiness.org/ Normal Magic; https://www.normalmagic.co.uk/ Happy Maps; https://happymaps.co.uk/ Mentally Healthy Schools; https://www.mentallyhealthyschools.org.uk/resources/</p>					

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	Creative education; https://www.creativeeducation.co.uk/ Young Minds; https://www.youngminds.org.uk/					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Termly and Assembly Themes	Respect	Resilience	Health	Happiness	Kindness	Independence
PSHE Themes	Relationships	Health & Wellbeing	Health & Wellbeing	Relationships	Living in the wider world	Living in the wider world
		 			 	
Skills builder https://hub.skillsbuilder.org/start/	Teamwork – Listening and responding to one person at a time move to develop their listening in different contexts and use information or ideas they have heard in their own responses. analysis of why a speaker is engaging, being able to explain why they have made particular language or presentational choices. Engage critically with the content of what a speaker has said.	Listening – Being able to recognise simple emotions and suggest why people feel these. To keep trying when things go wrong. Identify the positives in difficult situations. Problems - The advantages of risk taking and knowing when it may be appropriate to take a risk. managing your emotions in challenging contexts and choosing positive action	Creativity – Speaking clearly and logically, to communicate their ideas. make appropriate language choices, considering their audience and why they are presenting. Create engaging presentations adapting their presentations for their audience. Developing their own personal presentational style how to make this effective in different contexts. Why we work in teams being an effective team member being a supportive and	Staying Positive – Making an effort. Why it is important to make an effort. Goal planning and setting goals and how to achieve them reflecting and using feedback from others to support achievement of their goals. To create long-term goals and track effectively how they are moving towards them. Being empathetic describe your own feelings and those of others.	Leadership – be able to explain a simple problem recognise when they may need help. using strategies to solve simple problems. Aiming High – Being able to identify complex problems and break them down before suggesting a range of possible solutions using different processes to solve complex problems evaluate the approaches they have developed to solve problems.	Speaking – The first stage is about learners recognise and use your imagination to express yourself use their imagination to develop new ideas using guidance or existing ideas. Be able to explain how creativity is useful to help in different areas of life. Using different strategies for creativity, both when working alone and in groups to evaluate different strategies for creativity and reflect on what works well for them.

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	critically evaluate the success of a speaker across different contexts.		inclusive team member understanding and managing team dynamics to help avoid negative conflict. Evaluating team performance to help make improvements.	Making decisions and ensuring tasks are completed. Being able to identify the strengths and interests of the team motivating your team different leadership styles, their strengths and limitations.		
Interception Curriculum	Section 1 Body	Section 1 Body	Section 1 Body Section 2 Emotions	Section 2 Emotions	Section 2 Emotions	Section 2 Emotions
LKS2A	Preparing a Simple Snack LC1035 WTE1	Going Shopping LC: 1230 WTE1 Making decorations for a special event LC1821 WTE1	Personal Hygiene LC1234 WTE1	Growing three different types of house plants LC 5648 E1	Participate in growing and cooking foods LC2019 WTE1	Road Skills 1 LC 1482 WTE1
LKS2B	Cooking for Myself LC1228 WTE1	Shopping Skills LC2167 E1 Making seasonal art and decorations LC 4155 E1	Personal Care and Hygiene LC 2185 E1	Community Inclusion: Recycling LC5346 E1	Caring and Growing Plants from Seeds LC 5797 E1	Road Safety: Cyclists LC 1380 L1
UKS2A	Making a Sandwich LC 3389 E1	Going Shopping LC: 1890 E1 Making items using air dry clay LC 4755 E2	Personal Appearance and Hygiene LC 4777 E3	Road Safety Awareness LC 5382 E2	Growing a kitchen garden LC5435 E2	Using Transport LC1237 WTE1 Using Public Transport LC 4918 E1
UKS2B	Making a hot drink LC1869 E1	Everyday Food and Drink Preparation LC: 2323 E2 Learning Basic Sewing Skills LC 1123 E2	Road Safety - Skills as a pedestrian LC4356 E2	Creating a Basic map LC 1609 E1	Using Goole Maps LC6279 E2	Using a bus LC; 2088 E1
Year 7	Cooking on a Budget LC 1683 L1	Preparing a cooked breakfast LC 3921 E3 Completing an enterprise Project LC 1041	Using a bus LC: 2089 E3	Bicycle Maintenance LC 1368 L1	Reading Local Maps LC: 1615 L1	Road Safety – Pedestrians LC1381 L1

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		E3				
Year 8	Cooking a healthy Meal on a Budget LC 7159 L1	Contributing to the planning and delivery of a fundraising event LC 5191 L1 Growing plants for commercial use LC5404 L1	Visiting a Museum LC 7802 L1	Design and Make a Product to Sell LC 6337 L1	Map reading, creating and navigating skills LC8563: L1	General Barista Skills LC 6718 L1
Year 9 Bronze	Module 1 Communication	Module 2 My community	Module 11 Expressive Arts	Module 5 My Environment	Module 10 The Wider World	Module 4 Independent Living
Year 10 Silver	Module 7 Health and Wellbeing	Module 1 Communication	Module 9 Science and Technology	Module 4 Independent Living	Module 6 Number Handling	Module 2 My Community
Year 11 Gold	Module 6 Number Handling	Module 8 World of Work 8A2 A3 A4	Module 10 The Wider World	Module 7 Health and Wellbeing B1: Food Safety & Hygiene (Educare Level 2)	Module 11 Expressive Arts	Module 9 Science and Technology