



CARDREW COURT SCHOOL NEWSLETTER

Thank you and Reminders

Parent Survey

Thank you for attending our Parents Evening sessions this week. It has been wonderful to hear how the sessions went and read the feedback given in the Parents Evening Survey. If you have not yet given your views please do so by following this link or using the QR code by the end of term, Weds 22nd Oct.

<https://forms.office.com/e/FhXfC09VvB>



Silent Disco

Our Halloween Silent disco is being held in the school hall, Tuesday 21st October 1.30pm- 2.30pm, it is free to participate but donations would be welcome as a local charity has loaned us their disco headphones for the afternoon. Learners can change for the event if they wish (some want to dress up in Halloween style) but must only do so after lunch from 1.15pm.

Last day of Half term

Wednesday 22nd October 3.15pm finish.

We return to school, Monday 10th November.

School Clothing

Please be aware, learners **MUST not** wear vests, crops tops or strappy tops to school. Make up should be minimal and natural, if worn at all, as per our parent information booklet section on school clothing. We have also placed a link to this on our website in the Parents section, under School Uniform / Mobile phones

Thank you

for continuing to support the school, your contributions to our school community are so valuable. We wish you all a happy and healthy half term break.

WEEK 6: 13TH- 17TH OCTOBER 2025



CARDREW COURT SCHOOL

DIARY DATES

9/12/25-Parent and learner Chocolate Yule Log making workshop

11/12/2025 - Christmas Jumper Day

19/12/25-Christmas Dinner baps and end of term celebrations
1 pm Finish

2026

12/01/26-Parent Connect Coffee Morning, guest speaker, Healthy Schools

09/03/2026-Parent Connect Coffee morning, guest speaker Careers South
West

25/03/26 - Parent and learner food workshop using chocolate moulds

24/03/2026-Parents Evening and Careers Fair 3.30pm- 6pm

Easter Break;
6th April 2026– 24th April 2026

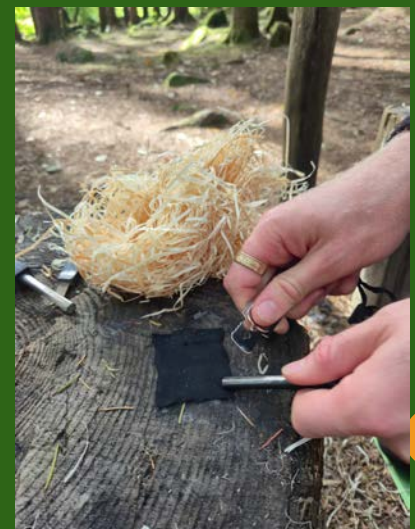
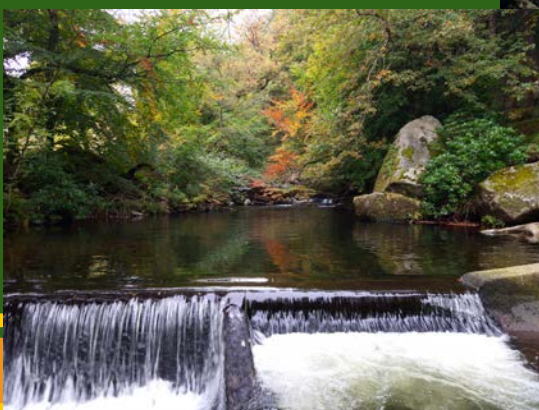
Back to school 27th April 2026



OUTDOOR ED

This week was due to be a windy one so the decision was made to hit the Oasis fun pool at Hendra Holiday Park in Newquay. Learners took on all three of the slides and swam in the Lazy River.

Some outdoor fun was had over the weekend though, with the Outdoor Ed team brushing up on their firelighting and camping skills in preparation for delivering this to the learners later in the year....





Food Technology



★ CCS Star Baker -

Class Weekly Highlights:

It's been a delicious week in Food! Our learners have been busy cooking up a storm — Gorse class baked beautiful muffins, while Verbena class whipped up stacks of fluffy American pancakes. Clover learners kept it fresh with fruit salad and crunchy granola, and Heather and Moss classes went all out with a Full Monty English breakfast. To top it all off, Fern class served a hearty shepherd's pie, perfect for the cooler days. A fantastic week of creativity, teamwork, and mouth-watering results!



Next week learners will be making:

Sausage-Making Success with The Great Cornish Food Store!

Week Commencing 20th October	
Gorse	Tropical Granola Bars
Verbena	
Clover	
Heather & Moss	Full Monty Breakfast
Fern	

On Monday, Moss and Heather learners welcomed Tom Jonik from The Great Cornish Food Store for an exciting sausage-making workshop. Learners discovered the different cuts of meat, explored the equipment used, and even learned how to link sausages like pros! They asked plenty of great questions and proudly took home their very own handmade sausages from the session. A huge thank you to The Great Cornish Food Store for a fantastic, hands-on morning

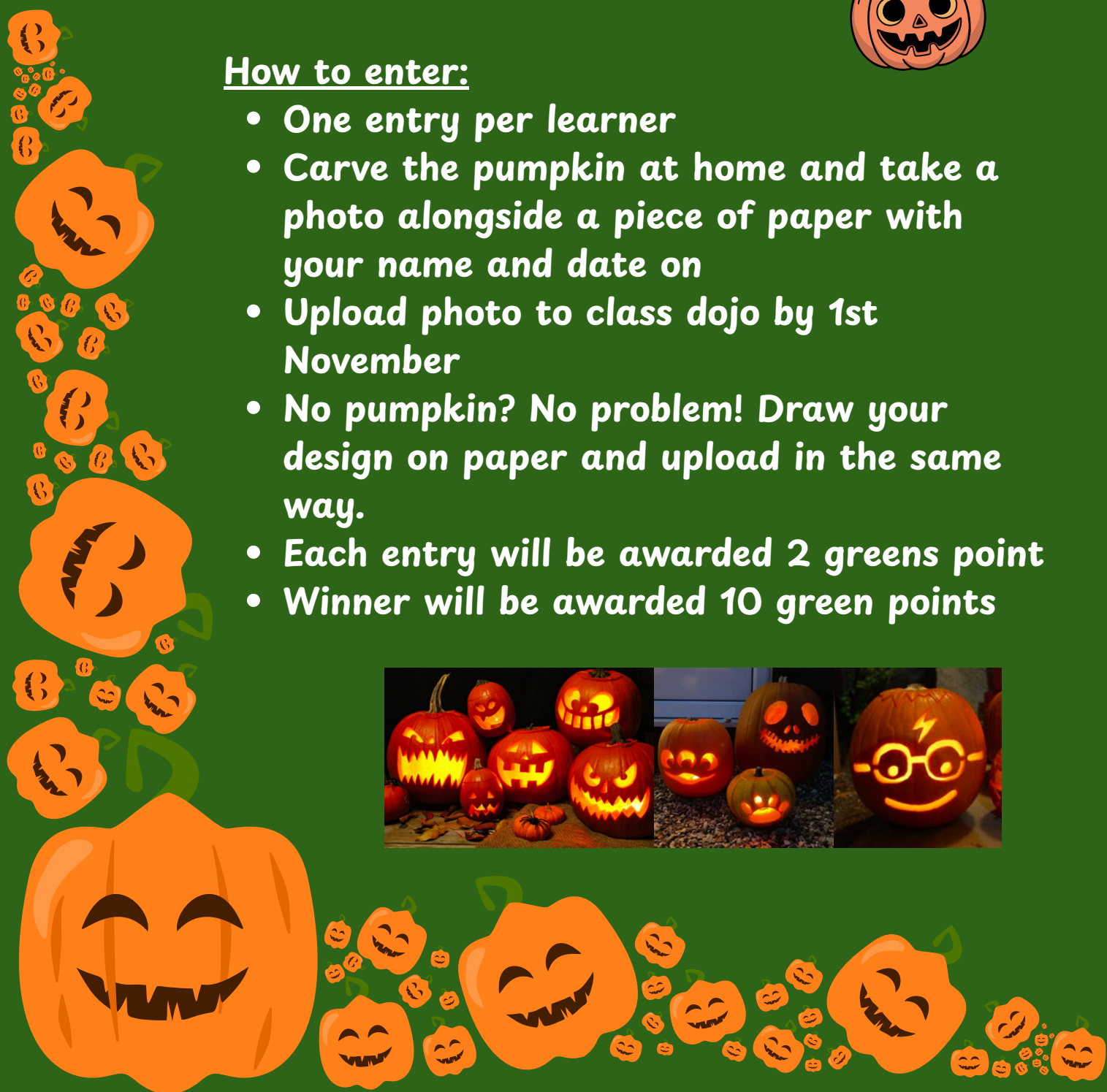


With Halloween just around the corner, why not take part in the Cardrew Court Pumpkin Carving Competition...



How to enter:

- One entry per learner
- Carve the pumpkin at home and take a photo alongside a piece of paper with your name and date on
- Upload photo to class dojo by 1st November
- No pumpkin? No problem! Draw your design on paper and upload in the same way.
- Each entry will be awarded 2 greens point
- Winner will be awarded 10 green points



Fern

On Tuesday, Fern Class demonstrated incredible innovation and creativity during our Careers Drop-Down Day. Learners took on the exciting challenge of developing their own business ideas, focusing on the reasons why someone might need a particular product or service.

We were delighted to welcome Chloe Lingard from TSAP, who led this fantastic session and encouraged everyone to think like young entrepreneurs. The learners engaged brilliantly throughout the day, showing great teamwork, imagination, and problem-solving skills. It was wonderful to see their confidence grow as they refined their ideas and shared their visions with others.



On Friday, we felt immense pride in Gabby, who delivered an inspiring talk during assembly for World Cerebral Palsy Awareness Day. She absolutely smashed it! Her confident and heartfelt delivery left everyone blown away — a truly powerful and moving moment for us all.



Finally, a huge thank you to all parents and learners who engaged so positively with Parents' Evening and with our Careers advisor, Barnaby. We really appreciate your time and feedback, and we hope you found the conversations helpful and informative. It's been a fantastic week for Fern Class — full of creativity, courage, and community spirit! Well done everyone!

CLOVER CLASS

Weekly Highlights:



Art:

This week, our learners turned inspiration into activism, creating Banksy-style art that speaks truth to today's issues. From the heartbreak of war to the struggle of homelessness, each piece packs a powerful message.



Outdoor Ed:

Making a Splash at Oasis Fun Pool!

Our learners had an amazing time at the Oasis Fun Pool, diving into a day full of excitement on the rapids, flumes, and waves! For some, it was their first-ever experience, and they absolutely loved it — smiles all around! We're so proud of everyone for giving it a go and making fantastic memories together.



Our Bottle Greenhouse is Growing! 🌱

Guess what? Our amazing learners have started to turn a mountain of plastic bottles into something truly green — their very own Eco Greenhouse! Thanks to all the bottles collected by our school community, the team worked together to design, build, and bring this creative recycling project to life. Soon, it will be built and be bursting with plants and veggies — proof that a little teamwork and a lot of imagination can turn “trash” into treasure! ♻️

MOSS CLASS HIGHLIGHTS

On Monday, the whole of Year 10 took part in a workshop with a butcher from the Great Cornish Food Store. He taught us about how sausages are made in store before learners had the opportunity to link their own string of sausages to take home. We were very proud of our learners for getting stuck in and they all got to enjoy the tasty reward of a sausage bap afterwards!



We have an ongoing focus on building positive friendships and connections with our peers in Moss. We have realised that a good way to make a connection is through food :)

In preparation for Open Evening next week, Learners experimented with a scientific technique called chromatography.

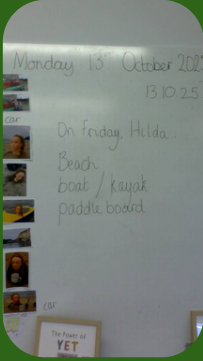


On Friday, Year 10 went to Redruth as part of their PD Asdan accreditation to show that they can use more than one source in their research. Afterwards, they got to enjoy a treat at the Butter Market as a reward :)





VERBENA CLASS HIGHLIGHTS



Hilda the head has been on adventures this week at the beach. We sequenced the photos she took on her trip in preparation for writing a story. What did Hilda get up to?



As part of our science learning, we started to prune a spider plant and remove the spiderets for potting. We hope that they will grow soon so we will keep taking care of them!

We continued to create our own art, this time using our laptops and styluses to create patterns for our backgrounds.



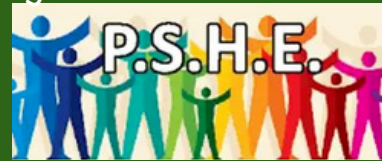
In a Therapies session, we completed some team activities in the Gym, learning how to use the equipment to aid our movement and keep us healthy.

In Food tech we continued to look at healthy breakfasts. This week we made American Pancakes and because we had already practised making Drop Scones, we could make these independently.



Heather

This week started a little different for Heather class. On Monday we stayed back at school to take part in a Butchery workshop. Learners were able to participate in the process of making their own sausages.



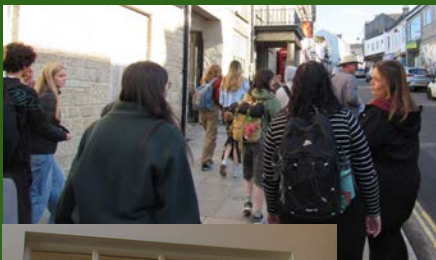
In English we have been taking a look at the news reports and the impact they have on us. By analysing the structural features, we now understand the importance of the 5W's.

PSHE corresponds well with our English learning this week. Learners have been having discussions about social media and how that can be used to distribute propaganda. When analysing certain texts, it has been interesting to see how hard it is to decipher whether articles are real or fake.

Outdoor Education:

With the end of the half-term imminent, learners enjoyed a joint session with Clover class at Oasis waterpark.

Learners also enjoyed a second day out on Friday to Redruth library as part of their ASDAN unit. Learners are encouraged to use more than one source in their research...



Gorse Class

It's been another busy and exciting week of learning in Gorse Class!

In English, we have been diving into the world of persuasive writing! Learners have been exploring the difference between facts and opinions, and how to use persuasive techniques effectively. Our research has focused on fascinating water facts, which will help us craft compelling leaflets next week—watch this space!



In our Careers learning, we've been reflecting on our soft skills—identifying what we're great at and what we'd like to improve. Learners have been linking these skills to potential careers, thinking about the qualities needed for different roles and how they can grow into them.

Minecraft is a video game where players build and explore worlds made out of blocks. The game was first released in 2011, and since then, millions of people have enjoyed playing it. In my opinion, this game is incredibly fun because it allows players to create anything they can imagine. You can choose different game modes, like Survival, where you collect resources, or Creative, where you have unlimited materials to build.

What makes *Minecraft* stand out, in my view, is its simplicity. Some people might think the graphics are too basic, but I believe that's what makes it unique and charming. The game is available on many devices, like computers and mobile phones, so it's easy to access and play with friends. Overall, I think *Minecraft* is a great way to learn creativity and problem-solving while having fun.



Blue - Opinions

Yellow - Facts

We also had a fantastic time at the Cornwall School Games Bowling Event, where teamwork and enthusiasm were on full display. It was a brilliant opportunity to connect with other schools and enjoy some friendly competition.

Look up you chosen career on BBC bitesize careers

[Careers in... - Careers - BBC Bitesize](#)

➤ -Zookeeper

What soft skills you might need for this role?

-Team work

-Independance

-Communication

Well done, Gorse Class, for another week of thoughtful learning and active participation!

Please tap/click the Padlet link below to see what's coming up in the week ahead.

Thankyou 😊



Article of the Week

World Food Day

2025 – 2027



Rights Respecting Schools

UNITED KINGDOM



Bronze Rights Committed

What is it?

Thursday 16th October was World Food Day. This is a day organised by the United Nations to raise awareness about hunger around the world.

The UN says there's around 733 million people facing hunger in the world, because of a number of different factors.

This links to Article 6 of the UNCRC.

Food Bank

If you are in a position to, you may want to respect this right by supporting people who struggle to access it. [Transformationcpr](https://www.transformationcpr.org) can provide a week's food up to eight times in six months. You do not need to be in receipt of benefits to receive food from them.

To receive food you will need a foodbank voucher each time you visit.

Article 6

Introducing Article 6 (life, survival and development)

Every child has the right to life. Governments must do all they can to ensure that children survive and develop to their full potential.



RIGHTS RESPECTING SCHOOLS



UNITED KINGDOM



CARDREW COURT SCHOOL

WOW & IDIOM

WEEK 6

WORD OF THE WEEK

Adage

noun

a proverb or short statement expressing a general truth.

Examples:

"the old adage 'out of sight out of mind'".

"This is a book which confirms the adage that truth is stranger than fiction".

Synonyms

saying, maxim, proverb, dictum.

*Actions
Speak
Louder
than
Words*

IDIOM OF THE WEEK

Bend over backward

"Make every effort to achieve something, especially to be fair or helpful".

Origin

"likely originates from gymnastics or contortionism and was used metaphorically to describe making a great physical effort to please or accommodate someone".

How to use it?

"The staff bent over backwards to make sure our stay was enjoyable".

"He will bend over backwards to help you; you just have to ask".



COLLEAGUE OF THE WEEK: OLLIE

Staff vote weekly in our Colleague of the Week draw

Thank you for all you do at Cardrew Court School



UPCOMING EVENTS

**On Wednesday 12th November we are lucky to have
Healthy Cornwall joining us for the day, offering
workshops for families and learners in KS3
Food Tech!**

**If you would like to take part please contact Lyn on
office@cardewcourt.org to book a slot for you and
your child.**

Gorse 9.00-10.30

Verbena 10.45-12.15

Clover 1.00-2.30

**If you would like any more information contact
Emma C at; eclarke@cardewcourt.org**



Home - Healthy Cornwall

10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

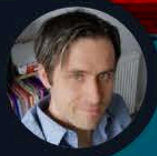
Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College