



CARDREW COURT SCHOOL NEWSLETTER



Christmas dinner prep



NICAS climbing award



Staff wreath making workshop



Staff and Learner Christmas lunches

Headteachers

Award's

This week's awards goes to GORSE class for being so calm in the event of the minibus tyre issue. Well done, you were all amazing! & Morley of Clover for all his Christmas dinner prep help! Thank you



CARDREW COURT SCHOOL NEWSLETTER

**Merry Christmas and a Happy New year to all our families,
we wish you the best for 2026.**

I would like to take this moment to personally thank our school community, learners, staff and parents on what has been a fantastic Autumn term.

With increased attendance, engagement in learning and access to our offer across the school, we have seen the positive effects this has brought our learners and families. We thank you for your support and collaborative working as without this we could not provide the educational provision your children deserve.

Every day we see our cohort uphold and live out our school values, everyday we are proud of the progress being made in the preparation to adulthood journey.

Kind regards

Kerry Towers
Headteacher

Belong Believe Achieve

Updates & Reminders

Verbena and Gorse class will be together for Outdoor Ed on Wednesdays from Jan onwards.

Our first day of term is **Monday 5th January 2026**
Parent Connect, coffee morning **Monday 12th Jan 2026**



Cardrew Court



Reverse Advent Calendar

A HUGE thank you to everyone who kindly made donations towards our reverse advent calendar this year. We have been overwhelmed by the generosity shown by our learners, their families and our school community this Christmas time. We know everything will be gratefully received by our chosen charities - Thank you!



Lots of food donations heading for the Bethal Community Larder in Redruth



Clothes and toiletries being shared between Redruth Clothes Bank, Harbour Housing and Hidden Help who are also donating to Treliske's Mother and Baby unit



THANK YOU!





Food Technology



Weekly cooking highlights:

Gorse and Verbena finished their mini Christmas cakes by icing and decorating them with festive decorations and ribbon, taking great pride in their beautiful creations.

Clover and Heather & Moss got into the Christmas spirit by baking mince pies, filling the rooms with delicious festive smells.

Fern completed the week by making a show-stopping chocolate Yule log, exploring textures, flavours and teamwork throughout the activity.



Next week learners will be making:

Week Commencing 5th January	
Gorse	Cheese and Chive Scones
Verbena	Fruity Flapjack
Clover	Basic Tomato Sauce
Heather & Moss	Pizza
Fern	Level 2 Home Cooking Skills

Healthy Eating Tip!



Fruit First!

Fruits are packed with natural vitamins and fibre. They keep bodies strong and help fight off germs. Encourage learners to choose fruit as their first snack of the day.





Fern

To round off a brilliant year and to celebrate the many successes of Team Fern, we've enjoyed a week full of festive creativity, laughter, and memorable experiences. In Science, learners combined seasonal fun with learning by making Candy Cane sleighs and designing beautiful Chromatography Christmas cards.

In English, learners took part in Christmas consequences, producing some wonderfully imaginative (and often hilarious) stories. We also wrapped up the term with some fantastic enrichment activities, including ice skating at Eden and a Just Dance dance off in PE! We also thoroughly enjoyed the performances at Cardrew's Got Talent, celebrating the talents and confidence of our wider school community.

It has been the perfect way to end an outstanding term and an excellent 2025 for Team Fern. Well done to all our learners for their achievements, positivity, and hard work—we can't wait to see what the new year brings!

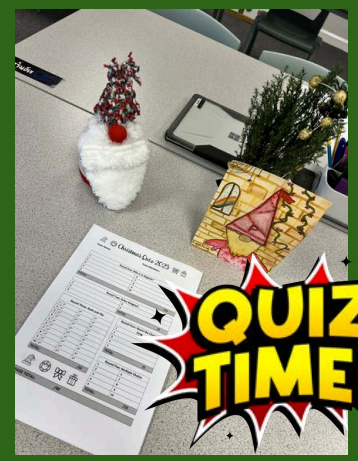
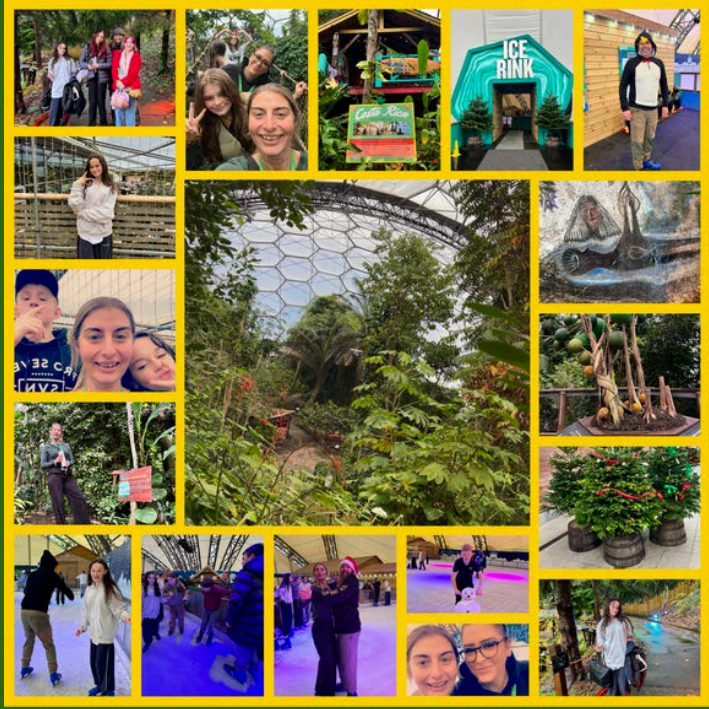


Wishing all our learners and families a happy Christmas, the Fern Class team.



Clover Class

Weekly Highlights:



No words needed – these moments say it all.

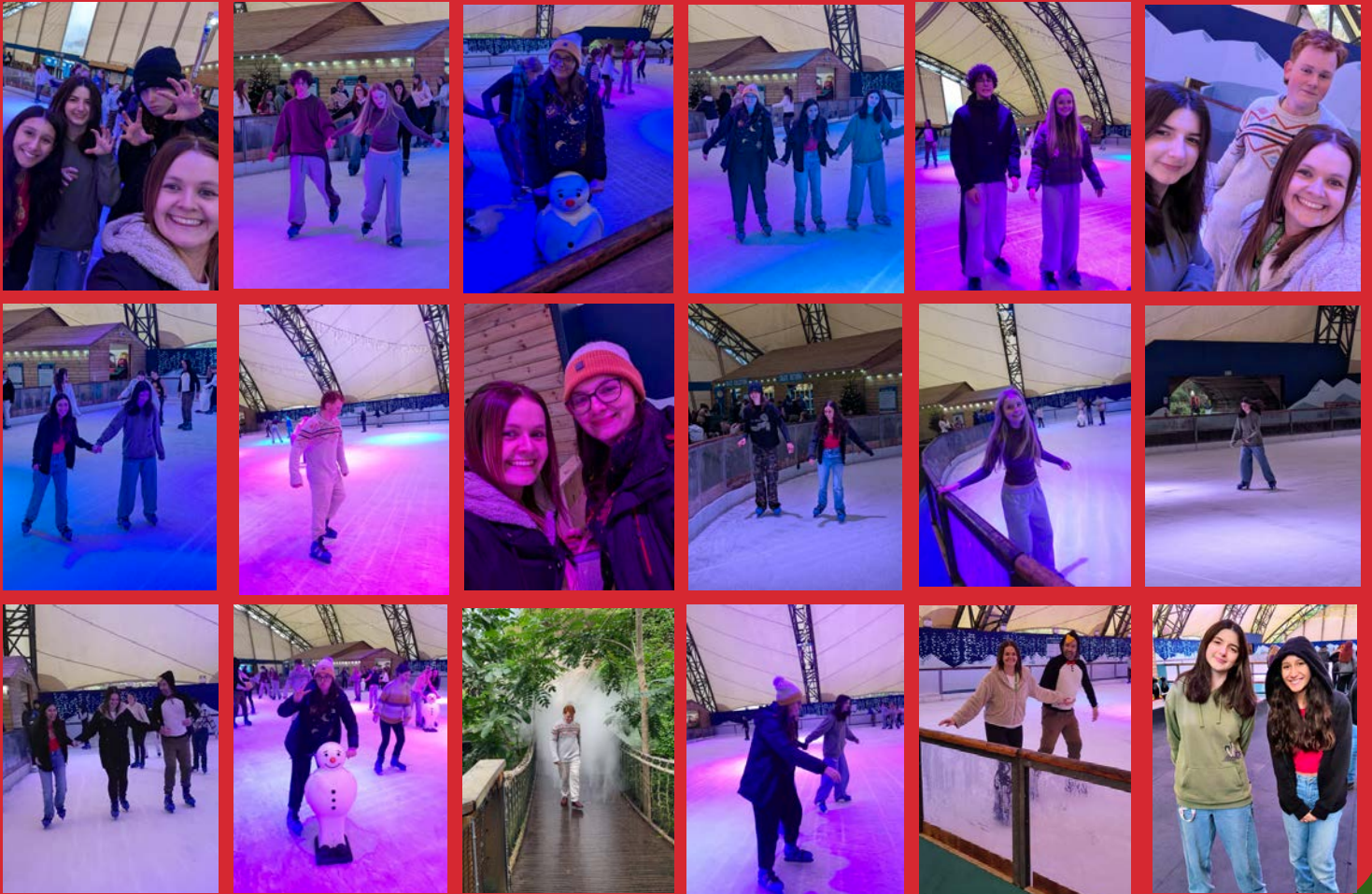
Thank you for a fantastic week, Clover Learners. We wish you all a wonderful Christmas and a happy New Year, and we look forward to seeing you in 2026.

Love,
Em, Paula and Olly 🎄

MOSS CLASS HIGHLIGHTS

It is the end of our first full term in Moss and we are incredibly proud of our learners and the progress they have all made since September. We wish you all a very Merry Christmas and we look forward to seeing you all again in January.

Love from Dani and Jenna xx



We have lots of fun ice skating at The Eden Project and exploring the biomes



We were very proud of one of our learners for performing in 'Cardrew's Got Talent' on Tuesday. It took a lot of bravery and we were very impressed!



Wishing you all a Merry Mossmas and a Happy New Year!



VERBENA CLASS HIGHLIGHTS



More Christmassy baking this week- this time Chocolate Truffles. The recipe didn't quite work so we had to use our cooking skills to adapt. They tasted great in the end! We also decorated some christmas cakes too.



Verbena have been telling each other Christmas jokes! Here are a few of our favourites.

What do you call a snowman that's been to the Maldives?
A puddle

What do you call an Elf that sings?
A wrapper

Who is Rudolph's favourite singer?
Beyon-sleigh!

What do you get if you eat too many christmas decorations?
Tinselitis



We also made some decorations- some of us made Christmas wreathes using natural materials and decorated items for the tree. As usual, there was lots of Verbena teamwork.

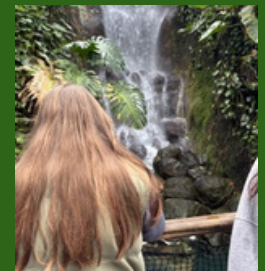


What a term it has been! We have tried so many new things and explored so much. Well done everyone in Verbena. We hope you all have a lovely holiday!



MERRY CHRISTMAS

Heather



What a term!

A massive thank you for your continued hard work and commitment to your learning. We can see your ongoing efforts and dedication in upholding our school values.

We are super proud of you all. I hope you all have a lovely Christmas and new year!



Gorse Class



Well done, Gorse Class, for all your hard work and enthusiasm this term.

Merry Christmas and Happy New Year.



Article of the Week

Christmas



Article 14 (freedom of thought, belief and religion)

Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.

Merry Christmas!

from the RRSA Team



CARDREW COURT SCHOOL
WOW & IDIOM
WEEK 14 W/C 5TH JAN 2026

WORD OF THE WEEK

Brackish
adjective

(of water) slightly salty, as in river estuaries.

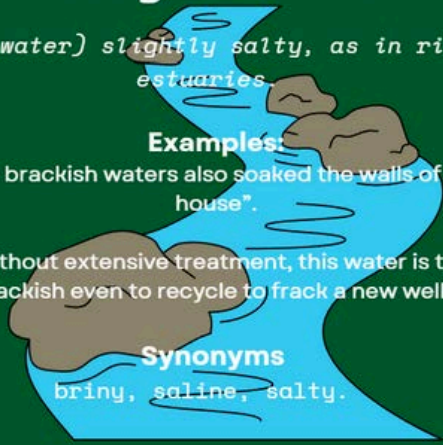
Examples:

"The brackish waters also soaked the walls of the house".

"Without extensive treatment, this water is too brackish even to recycle to frack a new well".

Synonyms

briny, saline, salty.



IDIOM OF THE WEEK



Call it a day

Decide or agree to stop doing something.

Origin

evolved from the earlier phrase "call it half a day", which appeared around 1838 to describe leaving work early.

"I'm feeling exhausted, so I'm going to call it a day and finish my homework tomorrow".

"It's ben a long day of gardening, let's call it a day and have a break".

COLLEAGUE OF THE WEEK: DAVE

Staff vote weekly in our Colleague of the Week draw

Thank you for all you do at Cardrew Court School



10 Top Tips for Parents and Educators

SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES



Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS



Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP



Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS



Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS



Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING



Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES



Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL



If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER



Involve children in preparing for school - buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT



Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



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