



CARDREW COURT SCHOOL NEWSLETTER

Headteacher's Award's

Henry of Heather class for his support of younger learners both at CCS and within the Primary school reading support, as part of his D of E Bronze award. Your kindness, patience and awareness of others has been noted by many staff.

Rosie of Verbena class for an amazing effort at coming into school for full days for over week!

Updates & Reminders

We want to be able to continue to allow our learners to listen to music in school for regulation and calming purposes (at appropriate times in consultation with their teacher) In order to ensure equity and safety for all, learners will need to use a personal MP3 player (non internet connectivity) with only clean versions of songs pre downloaded. A parent / learner agreement will need to be signed for all wishing to participate in this. More detail in an Arbor email.

We break up for half term on Friday 13th Feb, taxis and pick up at the normal time of 3.15pm

9th – 15th Feb (last week of half term) – We will be participating in and celebrating, Children's Mental Health Week –

Theme - 'This is my place'.

We are currently in the process of introducing our learners to IXL. IXL is a platform specifically in place to support our learners with their Maths. Having completed an initial assessment, all our learners are now regularly practising Maths skills personalised to them to support with progress in this subject. We actively encourage all learners to log on at home as and when they have 5 minutes; if you need your child's details to help with this, please contact the relevant class team.



Food Technology



It's been another busy and delicious week in the kitchen! Our learners have been developing their cooking skills and creating some fantastic dishes.

Gorse

Learners made scone-based pizza, practicing dough preparation and creative toppings.

Verbena

Learners baked a classic lemon drizzle cake, working on mixing, baking, and finishing techniques.

Clover

Learners prepared pesto sauce, focusing on blending flavours and knife skills.

Heather & Moss

Learners cooked lasagne with a roux sauce, developing confidence with sauces and layered dishes.

Fern

Learners continued working towards Level 2 Home Cooking Skills, building independence and core kitchen techniques.



Next week learners will be making:

Recipe of the week!



Week Commencing 19th January	
Gorse	Oaty Biscuits
Verbena	Swiss Roll
Clover	Making fresh Pasta
Heather & Moss	Flavoured Fresh Pasta
Fern	Level 2 Home Cooking Skills

Ingredients

- 70g butter
- 120g caster sugar
- 2 medium eggs
- 140g self-raising flour
- 1tsp baking powder
- 1tbsp lemon juice
- Finely grated zest 1 lemon
- 2 tbsp milk
- Drizzle Topping
- 30g granulated sugar
- Juice 1 lemon

Equipment


- Mixing Bowl
- Zester
- Grater
- Sieve
- Wooden Spoon
- Tablespoon

Lemon Drizzle Cupcakes

1. Heat oven to 180C/160C fan/ gas 4.
2. Place 12 cupcakes in a tin.
3. Beat the butter and sugar together until pale, light and fluffy.
4. Add the eggs and mix again.
5. Add lemon zest, lemon juice and milk.
6. Stir in with wooden spoon.
7. Fold in the flour and baking powder,
8. Place in cupcake cases and cook for 20 mins.
11. Bake for 20 - 25 minutes.

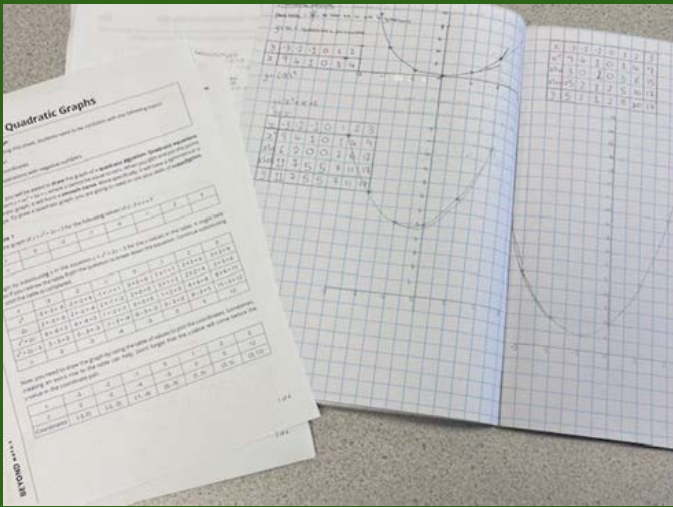
Adapt the recipe

Use whole meal flour instead of white flour to increase fiber.
Substitute the lemon for orange for a different flavour.



Fern

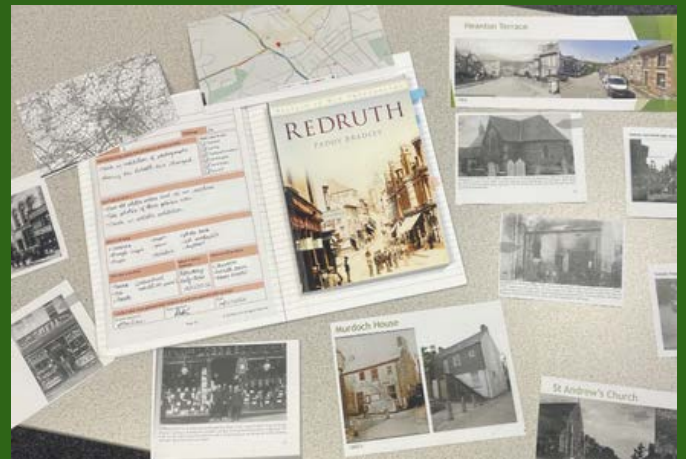
This week, Fern learners have shown fantastic independence and a consistently positive attitude towards learning, especially when tackling new concepts. Well done to everyone for your enthusiasm and determination!



In Maths, learners have been working independently on IXL to practise new skills and consolidate their understanding of recently taught concepts (like these quadratic graphs!). Your focus and commitment to improving your skills are commendable – excellent effort all round!

In English, learners were introduced to the new concept of analysing a writer's use of structure. They have picked this up extremely well, confidently identifying structural features and explaining their effects. It has also been great to see them developing their exam technique by learning how to approach new exam-style questions with increasing confidence.

In History, learners have been researching Redruth's historical significance in preparation for their exciting photograph project. They have been selecting historical images of local locations online and will be undertaking fieldwork to photograph these same sites in 2026. Next week, we are looking forward to visiting the local records office, Kresen Kernow, to deepen our research even further. The final outcome will be a photographic exhibition celebrating Redruth's local history, and we are excited to see the learners' projects come together.



Keep up the outstanding work, Fern – you should be very proud of your progress this week!



Clover Class

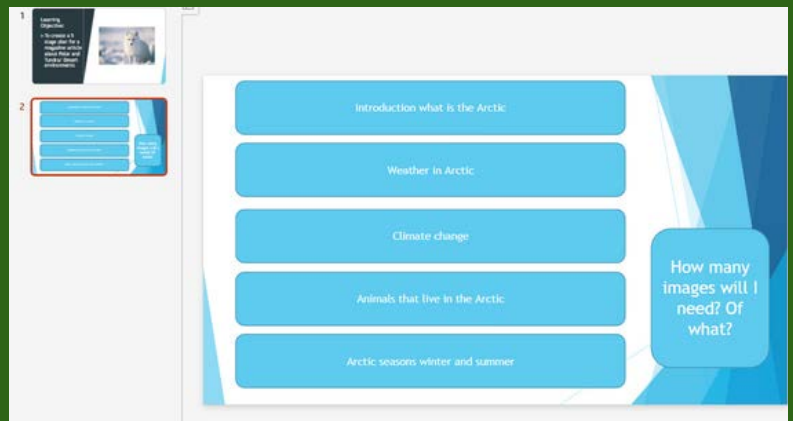


Weekly Highlights:

In Art this term, learners have begun an exciting new textiles module inspired by the work of Jessica Grady. As part of this, Clover Class explored pixel-style designs, investigating how simple shapes and repeated patterns can be used to create striking visual effects. They then designed their own pixel patterns and used these to create individual cross-stitch pictures, developing both their creativity and practical stitching skills along the way.

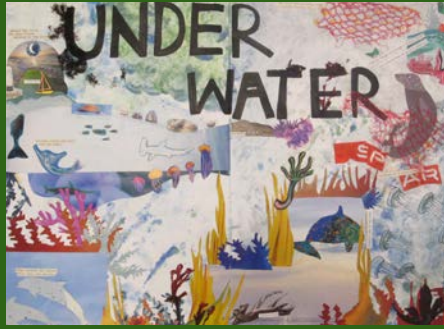


In English, learners began exploring causal conjunctions (such as because, therefore, and so) and how they help explain reasons and consequences in writing. They applied this learning by revisiting their non-fiction information texts about polar environments, which they planned last week. Learners were encouraged to think carefully about how causal conjunctions can improve the clarity and flow of their explanations when sharing factual information.

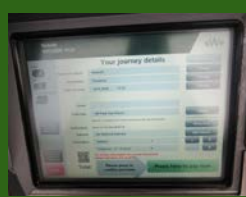
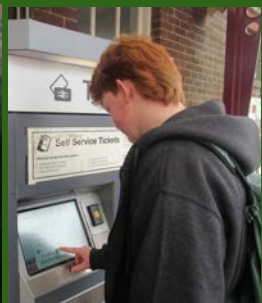


Learners thoroughly enjoyed their recent train journey to Penzance, which was an exciting experience for everyone involved. Later, they visited St Day and Carharrack School, where they had the opportunity to listen to Year 2 pupils reading. It was a truly wonderful experience, giving our learners the chance to engage with younger students, celebrate reading, and build confidence in a warm and welcoming school environment.

MOSS CLASS HIGHLIGHTS



In Art this week, Learners have worked really hard to get projects finished and also began to introduce our new focus artist - Tamara Philips.



Outdoor Ed this week found us taking the train to Penzance, learning about peak/off-peak times and how to purchase a ticket before travelling. We visited the Exchange Art Gallery before heading back to complete our first volunteering hours at Treleigh Primary School as part of our Duke of Edinburgh award. We are SUPER proud of our learners! Well done 😊

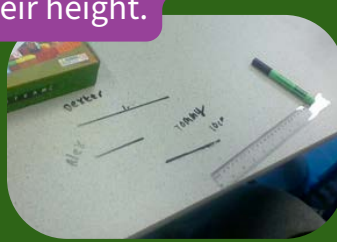
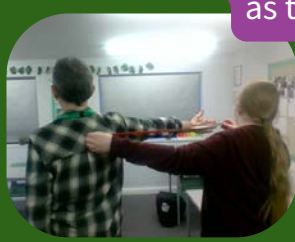




VERBENA CLASS HIGHLIGHTS

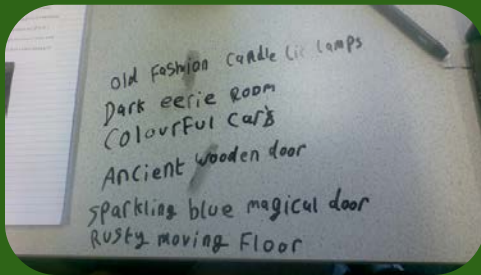


In maths we have continued working on measurement in mm, cm and M; starting the week reading tape measures. We practised measuring over 1 metre. Ian was our guinea pig as we tried to find out if someone's arm span is the same as their height.



After measuring a few learners and staff, we discovered that arm span and height are not always the same.

We continued our Portal stories. We started the week by thinking of adjectives that could be used to describe the portal door.



ad-jec-tive ['ædʒɪktɪv]

grammar

1. a word naming an attribute of a noun, such as sweet, red, or technical.

As an extension, we used Synonyms to up level our adjectives to make them more interesting. We used the internet to look for these.

synonym

noun [C]

UK /sɪn.ə.nɪm/ US /sɪn.ə.nɪm/

C2

a word or phrase that has the same or nearly the same meaning as another word or phrase in the same language:

The words "small" and "little" are synonyms.

Here is a portal door we created together using AI on the computer. We found that to create the perfect image, you had to describe what you wanted to create carefully using adjectives. It also gave us the opportunity to talk about the safe use of AI.



This week, outdoor education was a trip to Penzance on the train with a visit to The Exchange art gallery. We enjoyed watching a short film followed by a trip to the park on the way back to the station.



Heather Class

Week 2 complete! ✓

This week has solidified that we are back to routine and Heather class have excelled themselves.



Outdoor Education:

On Monday, Heather were lucky enough to enjoy a trip to Penzance on the train. Walking along the promenade in the sun was a lovely way to start the week and catch up on the weekend. Later in the day, we visited St Day primary school where learners volunteered to listen to pupils read.



Food Tech:



On Tuesday, learners utilised the skills they have been learning each week, to produce a lasagne dish with a roux sauce. Some learners late enjoyed them at home for tea.

REMINDERS:

For outdoor education, we will be mountain biking! Don't forget to check Dojo for further details.
Have a wonderful weekend!




Gorse Class

We've had a fantastic start to the new term with lots of exciting learning across our subjects!

In English, we explored how to incorporate multi-clause sentences into our writing. Learners practised using these structures to describe how their daemons might change shape depending on their emotions, taking inspiration from our class text. The children showed fantastic creativity, using rich language to bring their ideas to life.

Add one more multi-clause sentence about your daemon using a conjunction.

> When I'm happy my daemon turns in to a grey wolf.



Our Science learning took us off-site this week as we visited Penryn Campus of the University of Exeter for an exciting workshop all about cells. Learners had the opportunity to handle live insects, examine 3D printed skulls and prepare their own microscope slides. One of the highlights was searching for water bears (tardigrades) hidden within moss samples—much to the delight of the group!




In Maths, we began our new unit on money. The class worked on applying their mathematical skills to real-world problem-solving situations, learning how to add, subtract, and work systematically with coins and notes.

Work out how much each person pays.

Please can I have a sandwich and a cup of tea?

Tea	£1 and 40p
Coffee	£1 and 60p
Sandwich	£2 and 55p
Cheese on Toast	£1 and 78p

a)



£ and p

Click the link below to see the timetable for next week.
<https://padlet.com/MrTilley/gorse-class-wb-19-01-26-k3124yb8r60gtmpm>



Article of the Week

Rights Reminder



The Convention on the Rights of the Child brings together a range of rights that all children aged under 18 are entitled to, no matter who they are or where they are born. These rights ensure that all children are given the support they need to develop and reach their potential and are protected from harm. Governments across the world have signed up to the CRC and have promised to make the rights within the CRC a reality for children in their country and a number of articles specifically mention what governments must do to make rights happen.

Article 1 makes clear that everyone under the age of 18 has all the rights in the Convention.

Article 4 states that governments must do all they can to make sure every child can enjoy their rights by creating systems and passing laws that promote and protect children's rights.

Article 41 states that if a country has laws and standards that go further than the present Convention, then the country must keep these laws.



CARDREW COURT SCHOOL
WOW & IDIOM
WEEK 15 W/C 19TH JAN 2026

WORD OF THE WEEK

Hobnob
verb

to spend time in a friendly way with someone, especially a famous, wealthy or influential person.

Examples:

"He loved to hobnob with the rich and famous.

"Peter finds work as a stuntman's human airbag and gets the chance to hobnob with famous celebrities".

Synonyms

associate, mix, fraternize.

IDIOM OF THE WEEK

Change of heart

a shift in someone's feelings, opinions or intentions about something or someone, often leading to a different course of action.

Origin

The exact origin is uncertain however, its meaning consistently refers to a shift in one's feelings, opinions or intentions, stemming from the long-held symbolic association of the heart .

"She was going to sell her house but had a change of heart at the last minute".

"At first Mum said we couldn't go, but she had a change of heart".



COLLEAGUE OF THE WEEK: PAULA

Staff vote weekly in our Colleague of the Week draw

Thank you for all you do at Cardrew Court School



Thank you



To all learners who have participated in the volunteer reading at local primary school's this week as part of their D of E Bronze.

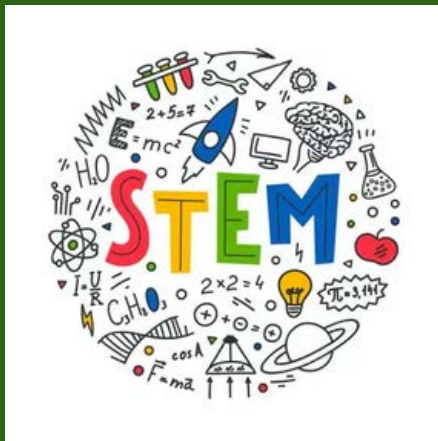
The feedback we have received has been fantastic, the younger learners have enjoyed the experience so much, the staff at the schools have been very complimentary of your patience and care of their pupils.

It was lovely to see Poppy teaching Sulis to crochet in our lunchtime club.





Science week 2026 at Cardrew
Court School 6-15th March



Can you
help?



Science is everywhere —from the kitchen to the computer, the garden to the lab — and we want to show our learners the amazing people behind it.

If you work in science, engineering, or use science in your job, we'd love your help! You could talk about your work, share photos, run a workshop, or invite us to visit your workplace. Help inspire the next generation of scientists and engineers! 🧪 ✨

if you can help please email drussell@cardrewcourt.org

What you need to know about...

VIDEO STREAMING APPS & SITES

part of our Social Media & Live Streaming Series



Brought to you by
NOS National Online Safety
www.nationalonlinesafety.com

What are they?

'Video Streaming Apps & Sites'

Video streaming apps and sites can allow people to share activities and hobbies with others in real time or watch their favourite films and TV shows online. There are different types of video streaming services. Twitch is used for watching others play video games in real time; you can watch YouTube live and watch Netflix, Amazon Prime or Apple TV with friends and family. Video streaming has gained popularity in the last few years because there is a sense of community when watching with others and people can comment on videos and ask questions in real-time.

Know the Risks

Inappropriate videos

When watching on video streaming apps, it is difficult to filter the content that is out there. For instance, when a child is watching a YouTube video, they will get recommendations for other similar videos. The risk is even higher with videos which are live, as children could be watching inappropriate content in real time.

Chatting with strangers

Video streaming apps or sites increase the risk of children communicating with strangers online. For example, most YouTube videos allow users to comment on the video. Whilst children could be watching something innocent, the comments section can be used by groomers to try and direct them towards private messaging.

Binge-watching

Children can easily fall into 'binge-watching' on video streaming apps which can impact on sleep, mood and their ability to concentrate on other things. The autoplay function can make it difficult to find time for a break and often the recommended content is similar to what children are already watching based on the algorithms used.

Screen addiction

In addition to binge-watching, most video streaming apps are available across all devices with an internet connection which can mean increased screen time. Popular apps, such as Netflix and Amazon Prime, have huge libraries of content which can mean hours of viewing time and potentially less time spent on learning, playing outside or interaction with friends and family.

Safety Tips

Check age-ratings

13+

Ensure that children are at the right age to use the app. Most video streaming apps require users to be at least 13 years old. Be clear on what apps and sites children can use. Encourage them to never participate in online discussions that are offensive and never interact with strangers or people they don't trust.

Change privacy settings

Check the privacy setting of children's app. Ensure that for whichever app they are using, the settings are set to private and disable comments if applicable. Furthermore, set screen time restrictions via the app or the device to limit children's use.

Implement parental controls

Activate parental controls your child's devices and apps. This will prevent them from accessing content they shouldn't. For instance, on Netflix, create a kids profile. This way they will only be able to view videos appropriate for their age group. Likewise, use YouTube Kids over YouTube or apply restrictions and turn off features such as autoplay.

Spend time on the app

Before allowing children to access a video streaming app, spend some time browsing through its content. Familiarise yourself with how it works, what content is available and what your child wants to watch. Check-in regularly and ask what they enjoy watching and how it makes them feel.

Action & Support

Report inappropriate content

If a child comes across inappropriate content or something that makes them feel uncomfortable on an app such as YouTube, you can report the content and the person who has uploaded the content to the platform. If a stranger is looking to engage with your child, block them and report them.

Have an open and honest conversation

Adults can review the TV shows and films that have been watched many video streaming apps. If a child seems upset or shocked by something they have seen or if you are concerned about anything they've viewed, try to talk to them about it and have an open and honest conversation to help understand any concerns.

Encourage other activities

If you think a child is spending too much time on a video streaming app, try to foster their interest in other activities or hobbies away from their device. Encourage them to get outdoors, play with friends, play board games or just simply spend more time together with you.

Our Expert Parven Kaur



Parven Kaur is social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks; a web resource that helps parents and children thrive in a digital world.

Part of our Social Media & Live Streaming Series



Brought to you by
NOS National Online Safety
www.nationalonlinesafety.com

What you need to know about...

MUSIC STREAMING APPS & SITES



Download the App Search Artists



Know the Risks

Explicit content

Explicit content is everywhere online, including in popular music. Children can easily access songs on Spotify, for example, that may have explicit or inappropriate language not suitable for children. It is also easy to erase searches so you can't see what a child has been listening to.

Adult themed podcasts

Many music streaming apps also offer the ability to listen to podcasts which can vary across any kind of topic, from business and health to comedy and relationships. Again, children could be exposed to content which is more adult themed or contains age-inappropriate language.

Chatting to strangers

Some music apps, like Playlist, want to make music a more social experience by finding others who share the same musical tastes and will allow users to join group chats where they listen to a playlist together in real time. This could open up your child to talking to strangers online.

Recently Played

Safety Tips

Use child friendly apps

Many music streaming services are made just for children. For instance, the Spotify kids app provides parents with control over what their children listen to and all the content is family friendly and fun for children to explore.

18+

Turn off explicit content

Most of the major music streaming apps will provide the option to turn off explicit material to make sure the music is completely clean. Some services even offer an option to lock the content censoring settings with a password, so your child can't switch it back.

PRIVATE

Implement privacy controls

Check the privacy setting of your child's app. Ensure that whichever app or site they choose to stream music, the settings are set to be private. This way they can only share the music they are listening too with friends and family and can't engage in conversation with strangers.

What are they? 'Music Streaming Apps & Sites'

Music streaming apps allow people to listen to music on their devices. It gives users access to millions of songs and artists from around the world. Popular music streaming apps and sites include Spotify, Soundcloud, Apple music, Amazon Prime and Deezer. Music streaming allows children to listen to songs from around the world in a much easier and cheaper way. This enables them to showcase their talent which would have been very hard to do many years back.



Offering Support

Explore apps yourself

If your child insists on wanting to use a music streaming app then be part of the journey with them. Take the time to understand which apps they prefer to use and why they want to use it. Find out how to use the app yourself and understand what they could be exposed to and how to ensure they get the most of it in a safe manner.

Regularly check-in

Have regular conversations with your child about what they are listening to and how they are feeling. If they do hear explicit music or content that makes them feel uncomfortable, let them know that they can always talk to you and discuss what they've heard and what it means.

Our Expert Parven Kaur



Parven Kaur is social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks; a web resource that helps parents and children thrive in a digital world.



PARENT CARERS CORNWALL IS A PARENT CARER LED, NOT FOR PROFIT COMMUNITY INTEREST COMPANY PROVIDING ADVICE AND SUPPORT TO PARENT CARERS OF CHILDREN AND YOUNG PEOPLE WITH SEND.

PARENT CARERS CORNWALL HAVE A VERY USER FRIENDLY WEBSITE WITH A NEURODIVERSITY HUB OFFERING LOTS OF SUPPORT AND TIPS. THE LINK IS [HTTPS://PARENTCARERSCORNWALL.ORG.UK/](https://parentcarerscornwall.org.uk/)

PARENT CARERS CORNWALL OFFER A WIDE RANGE OF WORKSHOPS, IN JANUARY THEY ARE OFFERING.

THE LINK TO BOOK IS :

[HTTPS://PARENTCARERSCORNWALL.ORG.UK/UPCOMING-EVENTS/](https://parentcarerscornwall.org.uk/upcoming-events/)

Introduction to Sensory Processing and the Impact on a Child's Functioning	16TH JANUARY	NEWQUAY
Nearly Neurodivergent-Children	21ST JANUARY	ST. AUSTELL
Introduction to Sensory Processing and the Impact on a Child's Functioning	21ST JANUARY	PENZANCE
UNDERSTANDING WHOLE BODY REGULATION TO SUPPORT YOUR CHILD'S FUNCTIONING	30TH JANUARY	NEWQUAY

**DON'T
MISS
OUT!**

Post-16 Event

YOUR FUTURE, YOUR CHOICE

Come and talk to up to 20 providers in:

- Education,
- SEN caseworkers team,
- Supported Living,
- Day placement and
- Activity providers under one roof!!



Friday 27th February



11am - 2pm



Learn 2 Cornwall, Marine
Renewables Park, North Quay,
Hayle TR27 4DD

REGISTER NOW

Email to book your arrival time
now:

11am-12pm / 12pm-1pm / 1pm-2pm

enquiries@learn2cornwall.co.uk



OUTDOOR ED

This week we have been developing our ability to travel independently using public transport. This involved a visit to Penzance on the train.



Our year 9 and 10 learners have also begun their Volunteering for their Duke of Edinburgh award and have been attending Treleigh and St Day schools where they are helping younger children to develop their reading skills!