

WEEK 26: 27TH APRIL - 1ST MAY 2026



# CARDREW COURT SCHOOL NEWSLETTER

## Thank you, Updates and Reminders

Thank you to our learners for the fantastic start to the new term.

It has been great to see you all again. You have shown great maturity and resilience in your learning and attitude towards each other. Well done

## Updates

### September class updates:

We are not yet able to confirm the class and teacher changes for September, as soon as we can confirm and have confidence we will not need to make changes we will inform our learners and parents / carers. Thank you for your understanding with this.

Monday is a Bank Holiday, **we will return to school Tuesday 5<sup>th</sup> May.**

Parent and Carer, **Fair Trade Chocolate and Banana bread workshop,**  
**Thurs 7<sup>th</sup> May,** please book in with Lyn.

**Friday 8<sup>th</sup> May, David Attenborough's 100<sup>th</sup> Birthday** celebrations, learners can dress up if they wish, the theme is Nature.

12<sup>th</sup> May, Year 11's of Fern class start their actual GCSE exams, we wish them the best of luck.

**We hope you all have a lovely weekend**



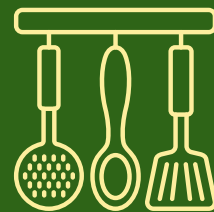
# CAREERS

Another great careers talk today! Thank you to Zoe and Francesca for your informative talk and for bringing lots of interactive things for us to see and try. Next week we have an online talk from Prickles and Paws Hedgehog sanctuary.





# Food Technology



## Weekly Highlights:

It's been a fantastic start to the summer term here in the kitchen, with everyone bringing great energy, enthusiasm, and creativity to their cooking.

This week, learners have been busy preparing a range of delicious dishes, including a flavourful vegetable curry and a beautifully spiced lamb Rogan josh, both served with perfectly fluffy rice. The results have been impressive, and it's been wonderful to see skills developing so confidently.

A special congratulations goes to our Clover learners, who have successfully completed their Home Cooking Award. As part of their achievement, they took on the challenge of teaching their dishes to staff members – and the results were fantastic! Their confidence, knowledge, and teamwork truly shone through.



# next week

# "MUST TRY"

Week Commencing 4th May

Gorse	Spaghetti Bolognese
Verbena	Jambalaya
Clover	Samosas
Heather & Moss	Level 1 Home Cooking Skills
Fern	Pinwheel Biscuits

Recipe:

- 1/4 red pepper
- 1/2 onion
- 1 clove garlic
- 150g penne pasta
- 1 x 15ml spoon oil
- 1 x 400g can chopped tomatoes
- Fresh basil leaves
- 100g baby spinach
- Black pepper
- 50g mozzarella
- 10g parmesan cheese

**Equipment List:**  
Chopping board, Vegetable knife, Garlic press, Large saucepan, Frying pan, Mixing spoon, Colander, Ovenproof dish.

### Pasta Florentina



1. Prepare the ingredients: -deseed and chop the red pepper; -peel and chop the onion; -peel and crush the garlic; -slice the mozzarella cheese; -grate the parmesan cheese.



2. Bring a pan of water to the boil, add the pasta and cook for 10-15 minutes.



3. Heat the oil in a frying pan, add the peppers, onion and garlic and cook gently for about 5 minutes until the peppers and onion are soft.



4. Stir in the chopped tomatoes and basil. Simmer for 5 - 10 minutes.



5. When the pasta is cooked remove from the heat and stir in the spinach and allow to wilt.



6. Drain the pasta and spinach thoroughly and then return to the saucepan.



7. Stir in the tomato sauce and mix. Season with black pepper.



8. Place the pasta and sauce in a shallow ovenproof dish. Lay the sliced mozzarella cheese on top of the pasta. Add the grated parmesan cheese.



9. Heat the grill. Place the dish under the grill and cook until lightly browned.

# Fern

Welcome back to our wonderful Fern learners! We've had an amazing first week, filled with plenty of learning activities. We covered CPR, learned how to wire plugs in science, and enjoyed a delightful visit to The Lobster Hatchery during our outdoor education session.

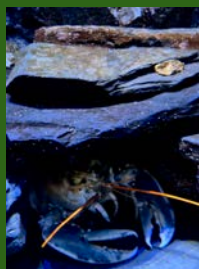


This week, Fern class learned how to administer CPR. They practiced on one another as well as on Wilson the teddy bear to enhance their first aid skills. Everyone enjoyed participating in this engaging activity.



## Outdoor Education

This week, several of our Fern learners visited The Lobster Hatchery in Padstow. They had the opportunity to observe the maternity unit, where many female lobsters were waiting to release their eggs, and they also spotted some of the new baby lobsters that had hatched just twelve days earlier. It turned out to be a fascinating and enjoyable outing.



### MATERNITY WARD



## Science



This week in science, some of our Fern learners had the opportunity to learn how to wire a plug. Although it was a challenging and intricate task, learners persevered and completed it successfully without giving up!



Reminder Monday is a Bank Holiday - School Closed.





# Clover Class



## Weekly Highlights:

Our Outdoor Education the sun was shining down upon us for our walk around Kynance Cove. All the Learners benefitted from some amazing views and dipping thier toes in the sea. These walks have fantastic health benefits and are also extremely good for wellbeing.



We had two visitors on Friday as part of careers talks. Francesca, a community breastfeeding support worker and Zoe, a health visitor came to Cardrew to educate our learners on newborns and the importance of breastmilk.




**How to prevent being hacked or scammed online.**  
 here are some steps on how to adviod being hacked or scammed online

If u ever realise a email about a subscription that you have never made it's is almost always going to be a scam. If you do realise an email like this you should block it and report it

If you realise a email from a company like from Facebook like and the link looks like this [www.facebok.com](http://www.facebok.com) you can tell its a scam because a real link would be spelt correctly

If you keep getting calls from an unknown number you should report them and then block them




In computing, Clover have been learning about online safety, cyber security and what protocols to follow if attacked. We also made infographics about preventative measures and general information on types of attack.



On Thursday, some of our Learners took part in their Level 1 Home Cooking Skills in Food Tech. They all did absolutely amazing and the food got a massive thumbs up from everyone!

# MOSS CLASS HIGHLIGHTS

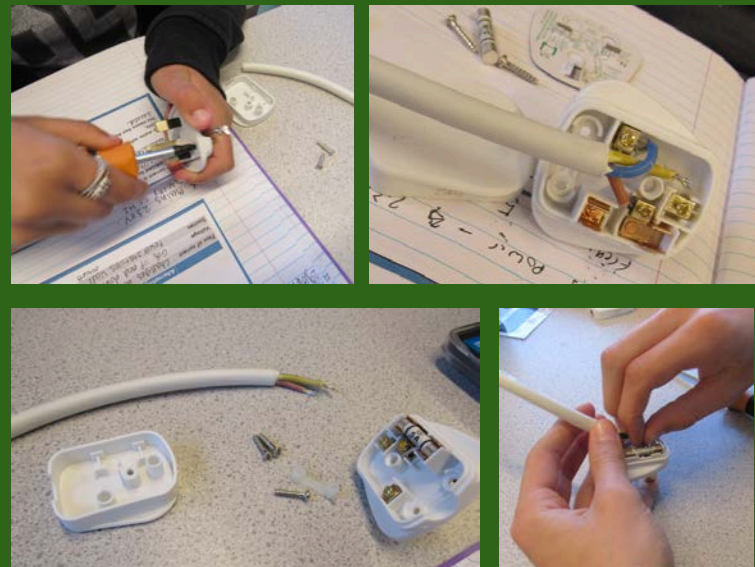
WELCOME BACK!

A great first week back 😊 We are very proud of our learners for being in school on time and ready for learning this week especially after 3 weeks off! Keep up the good work team 😊

In Humanities this half term we will be looking at how our local area has changed over the years. During the next 4 weeks, we will be exploring the local architecture, looking at Cornish archives at Kresen Kernow and creating a photo exhibition to display our findings.



In English, we have started our new class novel 'The White Giraffe'. We have spent time practicing our descriptive writing, analysing emotions from a text and have designed postcards for Africa.



We have started our electricity topic in Science this week and focused on electricity in our homes. Learners got hands-on and wired a plug!

## REMINDER



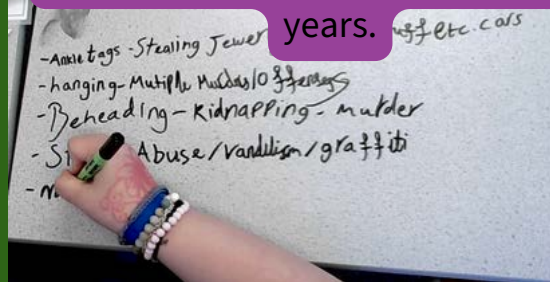
To our learners who are taking part in the Ten Tors challenge next week, keep an eye out on dojo and emails for any important information from Dave in the lead up to the event.  
If learners or parents have any questions, please get in touch



# VERBENA CLASS HIGHLIGHTS

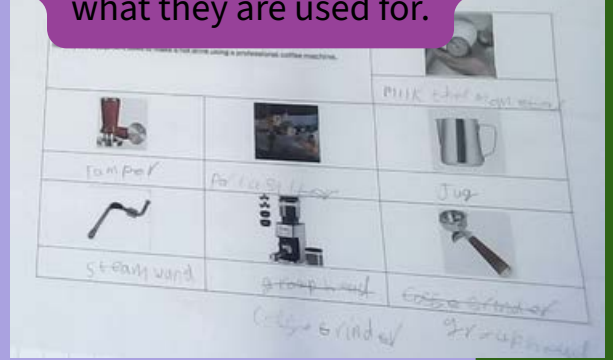


This week we have started to look at our History topic looking at how crime and punishments have changed over the years.



## Coffee Baristas

As part of our PD ASDAN this term we are learning all about how to be a Barista. We are hoping this might involve a trip to Costa later in the term. We learnt that there are many types of coffees and also looked at what all the parts of a coffee machine are called and what they are used for.



In Food Tech we are exploring food from around the world, we looked at spices either making a Lamb Rogan Gosh Curry or a Chicken dish. We had fun smelling the spices and deciding how much to add to our dishes



In maths this week we have been using arrays to help us with our multiplication, we used our fingers to paint them into our books



We have also helped to put together our new mountain bikes ready to use in Outdoor Ed - Thanks so much Mollie and Rosie for your help!



We have had fun making slime together

# Heather Class

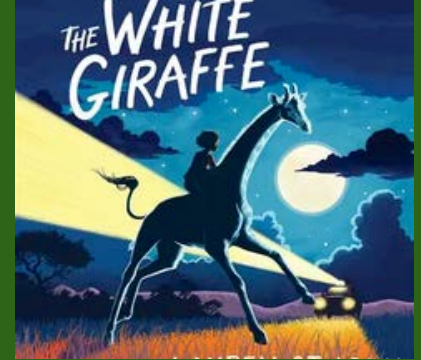
MENTAL HEALTH  
AWARENESS MONTH  
MAY



Good to be back!

Our learners have returned from the Easter holidays with a fantastic attitude to learning!

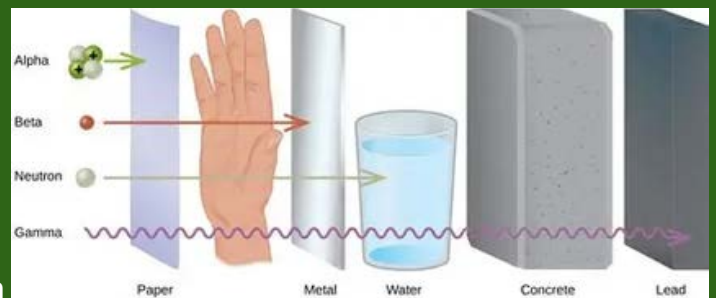
In English, we have begun studying our new focus text, *The White Giraffe*. Learners have been exploring characterisation and the symbolic use of setting. They have also been writing 'Dear Diary' entries to interpret characters' emotions based on the language used.



WOW!

In Food Technology, learners have been developing their practical skills by taste testing a variety of ingredients and flavour combinations, using this to inform their own pizza designs. They have planned and created their own pizzas, applying knowledge of nutrition, food preparation techniques, and presentation, while also evaluating their final products.

In science learners have been exploring the properties of the three types of nuclear radiation—alpha, beta, and gamma. They examined how each type differs in terms of penetration, ionising ability, and range, and investigated how these properties affect their behaviour and uses. Learners also considered the risks associated with each type of radiation and the methods used to detect and shield against them.



Great WORK!



In PSHE, learners explored financial decision-making, with a focus on the benefits of saving and managing money responsibly. They developed their understanding of tax and National Insurance, including how these contributions are used. Learners also researched different career pathways, investigating potential jobs and associated salaries to help them make informed choices about their futures.

# Gorse Class

We have enjoyed a thoughtful and engaging week of learning in Gorse Class.

We have started a new English unit based on *Following Frankenstein* by Catherine Bruton. Learners are exploring the story from a different viewpoint, with the final outcome being a narrative written from Frankenstein's monster's perspective. This unit encourages empathy, character insight, and thoughtful storytelling.



In Maths, learners have begun a new multiplication unit. We started by multiplying and dividing by 10 and 100, using place value charts to help learners understand how digits shift and how the value of numbers changes. This strong focus on place value supports accuracy and confidence as learning progresses.

Multiply each number by 100. Write it in the place value grid.

a)	Th	H	T	O
				8
		8	0	0

b)	Th	H	T	O
			2	6
2		6	0	0

c)	Th	H	T	O
			6	0
6	0	0	0	0

d)	Th	H	T	O
			9	3
9	3	0	0	0

We are excited to introduce Fab Friday, a protected and positive part of our weekly timetable designed to celebrate learning, build confidence, and support wellbeing. On Fridays, learners take part in enrichment-based activities rather than formal core lessons. This helps pupils finish the week feeling successful, motivated, and regulated, while still developing important life skills.



We look forward to another positive and exciting week of learning ahead. Here is a link to the padlet timetable for next week.

<https://padlet.com/MrTilley/gorse-class-wb-04-05-26-y2uza7fhkt5t8o0o>



# Article of the Week

## Earth Day

2025 – 2027



Rights  
Respecting  
Schools

UNITED KINGDOM



Bronze  
Rights Committed

### What is Earth Day?

Earth Day takes place every year on April 22 to show support for the protection of the environment and our planet.

Since 1970, Earth Day has brought together people, governments and companies from around the world, supporting them to do something positive for the environment.

It promotes the fact that 'change starts with action' and we can all take action and encourage others to take action that positively impacts on the world around us.

### This links to Articles 6 and 24

6 - Every child has the right to life. Governments must do all they can to ensure that children survive and develop to their full potential.

24 - Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.



# WOW & IDIOM

WEEK 27 4<sup>TH</sup> - 8<sup>TH</sup> MAY 2026

## WORD OF THE WEEK

# Plenary adjective

*"The conference concluded with a plenary where all attendees gathered to discuss the results".*



*"All applicants attended the plenary session on the final day".*

### Synonyms

full, entire, total.

## IDIOM OF THE WEEK

### Ear to the ground

*"to stay informed, pay close attention to surroundings, and listen for new trends, information, or gossip".*

### Origin

*"originates from the tracking techniques of Native Americans and frontiersmen, who pressed their ears to the ground to detect distant vibrations, such as hoofbeats or footsteps".*

*"As a journalist, they always kept their ear to the ground for potential leads".*

*"Don't worry, I will keep my ear to the ground and let you know what's happening, they promised".*

## COLLEAGUE OF THE WEEK:



# Matt

Staff vote weekly in our Colleague of the Week draw

Thank you for all you do at Cardrew Court School



Emily of  
Heather class

Headteachers  
Awards



# Kerrier Family Help Coffee Morning

Information Classification: CONTROLLED

Friday 8<sup>th</sup> May from 9.30am till 12.30pm  
Camborne Family Hub  
Cliff View Rd, Camborne, TR14 8QH

Come along and meet with  
**CAMHS** -The Child and Adolescent Mental Health Service (CAMHS)

**SENDIASS** - For support and advice if you have a child with Special Educational Needs or Disability

**Elective Home Education**- advice about the process and expectations of educating children at home

**Tri-Service Safety Officer**- To share safety advice within the home and community

Plus, advice and details about  
**Family Information Service**- local area information  
**Library Service**, join the library  
**Smarter Smiles Dental Nurse**- dental care advice  
**Pentreath**- support with adult mental health

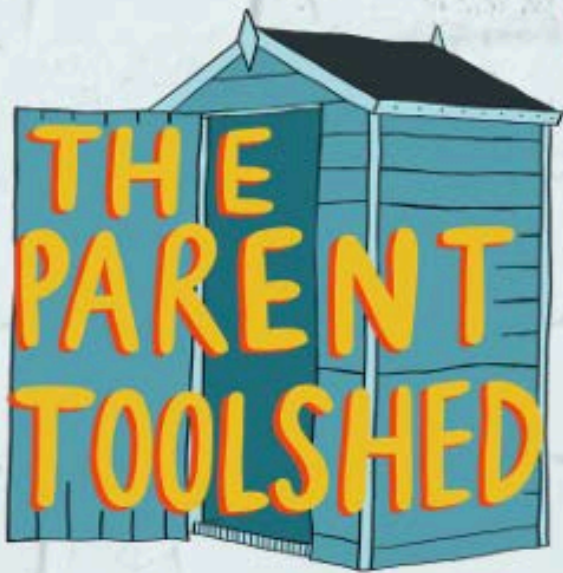
Chat to our Family, Parenting and Youth workers.

All welcome, refreshments provided

For any further information please contact:

**Email:** [Kerrier.FamilyHub@cornwall.gov.uk](mailto:Kerrier.FamilyHub@cornwall.gov.uk) or ring  
Redruth Family Hub on 01209 310000





**WHERE:** THE COVE MACMILLAN  
CENTRE, TRURO  
**WHEN:** THURS 9TH JULY 2026

# PARENTING WITH CANCER IS HARD.

FEELING GUILTY

NO ENERGY

FEELING ANXIOUS

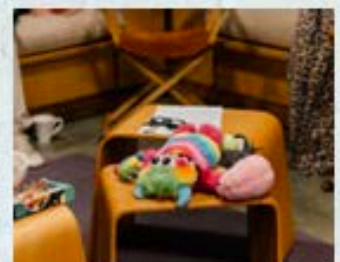
WHAT DO I TELL MY KIDS

ARE MY KIDS OK?

Come together for a day with  
other parents, who 'get it'.

Learn tools & practical  
solutions to help you .

Lunch & refreshments  
provided and resources to take  
home.



Book online at  
[www.fruitflycollective.com/toolshed](http://www.fruitflycollective.com/toolshed)



# NSPCC

## Voice of

## Online Youth



### Voice of Online Youth

Helping to build a safer, happier online world for children and young people.

Apply to be part of the NSPCC's Voice of Online Youth and help build a safer, happier online world for children and young people.

We're looking for up to 20 young people aged 12 to 15 to help shape the online world. As a member of the group, you'll share your views with decision makers, influence policies and help tackle online safety issues.

Along the way, you'll learn valuable skills like campaigning, public speaking and teamwork. Plus, you'll get the chance to travel across the country and take part in residential, away days and workshops.

You don't need any previous experience, just a passion for making the online world safer for children and young people.

To find out what being part of the VoOY entails check out the links below:



VOICE-OF-ONLINE-YOUTH-FACTSHEETS\_YOUNG-PEOPLE.PDF

# ON FRIDAY 8<sup>TH</sup> OF MAY...

We will be celebrating Earth Day in recognition of David Attenborough's 100<sup>th</sup> birthday.



Learners have the option to dress up in a nature themed fancy dress. From a caterpillar to a recycling bin, the options are e n d l e s s.

Enter our nature and wildlife photography competition by sending your photos to [ctavner@cardrewcourt.org](mailto:ctavner@cardrewcourt.org). There will be prizes!

We will be incorporating activities throughout the day that promote sustainability and awareness of climate change, as well as exploring David Attenborough's legacy and work in advocating for the natural world.



**Come and make Banana Bread with us!**



**Families and learners joint cooking session!**

**On 8<sup>th</sup> May it is fair trade awareness day. To celebrate, you are all invited to come to a workshop using fair trade ingredients.**

**We will be making a banana and chocolate tray bake!**

**DATE: Thursday 7<sup>th</sup> May 3.15-4.30pm**

**WHERE: Food Tech kitchen**

**If you would like to join us, please email [office@cardrewcourt.org](mailto:office@cardrewcourt.org) to inform us of your attendance.**

**We hope you can make it!**

# OUTDOOR EDUCATION

This week we have been completing our preparation for Ten Tors. Next weekend learners will be participating in the National event on Dartmoor.

We also visited Kynance Cove from Lizard Village with Heather, Clover and Gorse classes. Moss class climbed Roughtor. Fern class went to the national lobster hatchery in Padstow.

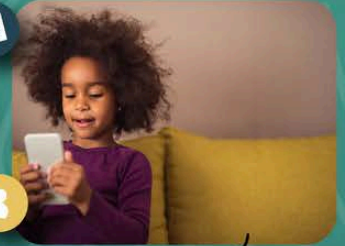




Personal data is a strange commodity. Cyber thieves can buy huge quantities of personal data on the black market for very little, yet your own personal data is hugely valuable to you. If your personal data falls into the wrong hands, it could lead to identity theft, bank fraud or something even more sinister such as stalking. The severity of that threat is multiplied when it comes to the personal data of children, when threats such as internet grooming begin to emerge. The bad news is that children aren't always great at safeguarding sensitive information, which is why they need parents' help and guidance. That's why we've created this guide to show you how you can protect your own and your family's personal data.



# What parents need to know about PROTECTING PERSONAL DATA



## EVERY DETAIL IS KEY

Which info should you be wary of sharing online? Aside from the obvious, such as full names, date of birth and address, think of the type of information you're asked for when answering security questions for services such as online banking. The name of your first school, your mother's maiden name, the names of your pets, your favourite band. Data thieves will harvest as much of this information as possible, so don't make it easy for them by publishing it anywhere online.



## SOCIAL MEDIA VISIBILITY

Social media sites, such as Facebook, encourage us to share sensitive information in order to build our online profiles. Many people are lulled into thinking that only their friends can see such information, but that's rarely the case. Such information can easily be shared with 'friends of friends' or even anyone searching for you online because privacy settings are opaque. Keep social media profiles to the bare minimum. If you wouldn't be comfortable hanging a sign with that information on your front door, don't enter it into social media sites.



## DANGEROUS GAMES

Online games are a particular risk for children. Many of the most popular games – such as Fortnite, Minecraft or Roblox – have voice or text chat facilities, allowing them to talk to fellow gamers. Or, sometimes, people pretending to be fellow gamers. It's very easy for children to be seduced into divulging personal data such as their address, birthday or school. It's critical parents both educate children on the dangers on online chat in games and take safeguards to protect children.



## IMPOSTERS AND PHISHING ATTACKS

Even if you're scrupulous about keeping your data private on social media, it's easy to be lulled into handing it over to imposters. There are two golden rules for you and your children to follow: 1. Never divulge personal information to phone callers, unless you can be absolutely certain you know who they are. 2. Never click on links or open attachments in emails or social media, unless you're 100% certain they are genuine. So-called phishing emails are growing ever-more sophisticated, with fraudsters able to replicate the exact look of bank emails and even include details such as account numbers and IDs.



## THE RISKS OF PASSWORD SHARING

Password sharing – using the same password for multiple sites – is one of the easiest ways to lose control of your personal data. Hacking of major websites, including usernames and passwords, is common. If you're using the same password for a hacked site as you do on your Gmail account, for example, you're handing data thieves an easy route into your inbox, where they will doubtless find all manner of sensitive information, such as bank emails and contacts. Your email account will often also let them reset the password on multiple other accounts. Don't share passwords; use password managers to create strong, unique passwords for every site.



**NOS** National Online Safety  
#WakeUpWednesday

## Safety Tips for Parents & Carers

### LOOK OUT FOR LEAKS

Many security software packages have features that look for personal data leaks or prevent people from entering it into risky sites in the first place. For example, Bullguard Premium monitors dangerous sites for usage of data such as your email address, debit card numbers, passport number and more, and then sends you email alerts and details of how to take remedial action if it spots them being used. Such software also issues warnings if it sees personal data being entered into unprotected, high-risk sites.



### KEEP DATA GUARDED

Don't give the thieves a head start by handing them pieces of sensitive information for free. For example, it's very common to see email address such as [davesmith1976@gmail.com](mailto:davesmith1976@gmail.com) – an immediate clue that you were born in that year. If you have a less common name than Dave Smith, thieves could immediately start using that information to cross-reference against public records or other database breaches, allowing them to start building a profile of information about you. Likewise, don't use your date of birth in a password. If that's hacked, you've handed the thieves another big clue.



### DON'T OVERSHARE ON SOCIAL MEDIA

The biggest threat to your child's privacy is you. Parents often overshare personal information on social media: full names, names of schools, children's birthdays, names of their friends. All of this can be easily gleaned to build profiles that could be used to groom your child in online games or in real life. Exercise extreme caution with social media posts concerning your children.



### BE WARY OF SHARED NETWORKS/SYSTEMS

Avoid entering any personal data into a web browser when you're using public Wi-Fi (in a coffee shop or airport, for example) or when using shared computers. Shared Wi-Fi connections are much easier to eavesdrop on than your home network, especially if they are not password protected or the password is shared freely with customers. Don't do online shopping, banking or enter any logins/passwords when using shared Wi-Fi. Likewise, if you're using a shared computer at work, for example, as it's very easy for a browser to save logins that could be used by others.



### PLAY SAFE IN ONLINE GAMES

Children must be taught to treat strangers in online games with the same caution as they would treat strangers in the street. Don't allow children to use their real name as their username in games to prevent imposters conning kids into thinking they are real-life friends, and only allow them to add friends in the game that they know in real life. Regularly ask to monitor your child's friends list in such games and ask them to identify who the players are. With younger children in particular, ask them to only use voice chat in family rooms, so that you can hear conversations.



## Meet our expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as *The Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *BBC Newsnight*, *Radio 5 Live* and the *ITV News at Ten*. He has two children and has written regularly about internet safety issues over the years.

